

CAROL J. WHITLATCH, PhD, FGSA

Assistant Director
Center for Research and Education
Benjamin Rose Institute on Aging
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EDUCATION AND TRAINING

- 1992-1994 Postdoctoral Fellow -- National Institute of Mental Health
University of California, San Francisco, CA
Health Psychology and Medicine
- 1988-1992 Ph.D. -- Human Development & Family Studies
The Pennsylvania State University, University Park, PA
Emphasis: Adult Development and Aging
- 1984-1986 M.S. -- Gerontology
University of Southern California
- 1979-1983 B.A. -- Psychology
University of California, Berkeley

PROFESSIONAL EXPERIENCE

- 1994+ **Assistant Director and Senior Research Scientist II (2004-present), Senior Research Associate (1998-2004), Research Associate (1994-1998)**
Benjamin Rose Institute on Aging, Center for Research and Education (formerly the Margaret Blenkner Research Institute)
Cleveland, OH
- Write, coordinate, and supervise staff and students on foundation and federal grants related to family caregiving, service use, applied interventions, and program evaluation. Member of organizational committees including: Board of Trustees Planning Committee, Education and Training Committee (past chair), and Staff Personnel Practices Committee (past chair).
- 2007+ **Adjunct Associate Professor**
Department of Sociology
Case Western Reserve University, Cleveland, OH
- Advise and supervise graduate students in statistical design, analysis, and dissertation work.
- 1996-2013 **Adjunct Faculty**
Mandel School of Applied Social Sciences
Case Western Reserve University, Cleveland, OH
- Teach graduate level courses on family caregiving and advise graduate students.

PROFESSIONAL EXPERIENCE (cont'd)

- 1993-1997 **Adjunct Research Faculty**
California School of Professional Psychology
Alameda, CA
- Advised and supervised doctoral students in statistical design, research analysis, and dissertation work.
- 1988-1992 The Pennsylvania State University
Department of Human Development and Family Studies
University Park, PA
- Research Assistant** (1988-92)
- Involved in a variety of studies of family caregiving and older adults in collaboration with Dr. Steven Zarit: data analysis, grant and manuscript writing, and paper presentations.
- Instructor** (1991)
- Primary responsibility for courses in Adult Development & Aging.
- Teaching Assistant** (1988-89)
- Assisted in teaching lower & upper division courses including Adult Development & Aging, Counseling Skills, and Issues in Family Therapy.
- 1986-1991 Family Caregiver Alliance
San Francisco, CA
- Research Consultant** (1988-91)
- Wrote grants and manuscripts and analyzed statewide data related to program evaluation and policy development.
- Information and Research Specialist** (1986-88)
- Designed, developed, implemented, and supervised data collection and analysis of statewide longitudinal assessment of family caregiver clients.
- 1984-1986 University of Southern California
Andrus Gerontology Center, University Park, CA
- Research Assistant** (1984-86)
Alzheimer's Disease Research Center
- Conducted neuropsychological assessments of demented adults, wrote clinical reports, and performed data analyses.
- Counseling Therapist / Clinical Administrative Asst.** (1985-86)
Andrus Older Adult Center
- Facilitated support groups and individual and family counseling for families and older adults with a variety of psychological disorders.

- This project was a collaboration with Arizona State University (Dr. Coon) and Arizona Department of Economic Security, Division of Aging and Adult Services (David Besst). The project adapted the Early Diagnosis Dyadic Intervention (EDDI) for use with groups of care dyads facing the challenges of early-stage dementia throughout Arizona. The project tested the effects of the EPIC intervention with an RCT of 80 care dyads.

90AI0004-01 Whitlatch (PI on subcontract with ODA) 09/01/2008-09/31/2011
Administration on Aging, Department of Health and Human Services

Empowering elders by enhancing cognitive health outcomes: The ECHO Project

- This project evaluated the feasibility and efficacy of the ECHO program with 80 persons with early-stage dementia and their family caregivers. Intervention techniques focused on enhancing cognitive reserve in order to decrease late-life depression and improve well-being for participants.

RESEARCH SUPPORT completed (cont'd)

1 R34 MH073559-01A1 Zarit (PI) Whitlatch (Co-PI) 04/20/06-03/31/09
National Institute of Mental Health \$595,000 total costs

Adaptive Treatment for At-Risk Family Caregivers

- In collaboration with The Pennsylvania State University, this intervention development grant designed, implemented, and evaluated a comprehensive assessment instrument and associated multi-session intervention tailored to the specific needs of family caregivers of persons with dementia.

5 R01 MH070629 Whitlatch (PI) 04/01/04 – 01/31/08
NIH / NIMH \$967,483 total costs (NCE 07/31/09)

Conceptualizing Mental Health Interventions

- This longitudinal study merged the samples from the previous dyad studies (see below; RWJF n=51; AARP n=60, NIA/UMAC n=106, AoA n= 50) and included up to two additional waves of data collection and analysis in order to determine the most effective pathways for intervening with caregivers and persons with early to later-stage memory loss and chronic conditions.

2005-088 Whitlatch (PI) 07/01/05 – 08/31/08
Retirement Research Foundation \$245,119 total costs

Enhancing the Role of Older Adults in Research and Care Planning

- This study examined the opinions and experiences of over 300 cognitively impaired and cognitively intact adults and their ability to participate in research and care planning activities. Findings have been used to develop guidelines that foster optimal care choices and involvement in everyday care decisions for family caregivers and persons with cognitive impairments and the practitioners who work with them.

90CG2566 Zarit (PI) Whitlatch (Co-PI) 09/29/02 – 09/28/04
DHHS / AoA \$289,698 subcontract with PSU (no cost extension 04/01/05)

Early diagnosis in dementia: Dyadic counseling for family caregivers and patients

- In collaboration with The Pennsylvania State University, this study developed and evaluated the effectiveness of a counseling program focused on care planning and decision making for family care dyads (i.e., persons with early stage dementia and their family caregivers).

5 P50 AG-08012 Herrup (PI) Whitlatch (PI on project grant) 06/0100 - 05/31/05
NIH / NIA \$511,902 total costs (no cost extension 05/31/06)

Decision making and service use in caregiving families

- Five-year longitudinal study in collaboration with Case Western Reserve University Memory and Aging Center (Alzheimer's Disease Research Center) to study the long-term effects and service use patterns of caregivers and persons with early stage dementia.

2000-059 Whitlatch (PI) 07/01/00 – 12/31/03
Retirement Research Foundation \$332,023 total costs

Decision making and service use in caregiving families over time

- This longitudinal study examined autonomy and decision making in African American and non African American family caregiver – care receiver dyads.

RESEARCH SUPPORT completed (cont'd)

(No number) Whitlatch (PI) 03/01/98 – 02/28/00
AARP Andrus Foundation \$99,907 total costs (no cost extension 08/31/00)

Autonomy and Functioning in African American Caregiving Families

- This grant, which was in response to the Living with Chronic Conditions Initiative, examined health decision making in African American families dealing with early stage dementia and chronic conditions.

(No number) Whitlatch (PI) 01/01/98 – 08/31/00
Foundation grants \$200,500 total costs

COPE: Caregiver Options Program and Evaluation

- This study was funded through nine Cleveland area foundation grants to evaluate the effectiveness of a family caregiver respite intervention.

032243 Feinberg (PI) Whitlatch (Co-PI) 07/01/97 – 01/31/00
Robert Wood Johnson Fndn. \$50,000 total subcontract (no cost extension 05/31/00)

Making Hard Choices -- Respecting Both Voices

- In response to the RWJF Independent Choices Initiative and in collaboration with Family Caregiver Alliance in San Francisco, this grant examined health care choice and decision making in caregiving families.

95-23333 Feinberg (PI) Whitlatch (Co-PI) 10/01/95 - 12/31/96
California Dept of Health Services \$22,780 total subcontract

Family caregivers and consumer choice: Options for in-home respite care

- This study, in collaboration with San Francisco's Family Caregiver Alliance, was funded by California's Alzheimer's Disease Program and explored service use and cost issues of respite care in the home.

2004 Associate Editor: *Journal of Mental Health and Aging*
2005+ *Clinical Gerontologist*
Editorial Board: *Aging and Mental Health*
2012+ Editorial Advisory Board: *Generations*

Advisory Committees:

1993-1998 Research Advisory Committee, Family Caregiver Alliance
1994+ Heather Hill Long-term Care Facility and Research Center,
Institutional Review Board
1997+ Research Committee, American Society on Aging
2002+ Advisory Committee, National Center on Caregiving,
Family Caregiver Alliance, San Francisco
2003-2004 Track Chair, Program Planning Committee,
The 12th National Alzheimer's Disease Education Conference
2008-2011 Data Safety Monitoring Board, Chair, UNC Lighting in AD Study
2010+ Paraprofessional Healthcare Institute (PHI), Institutional Review Board, Chair
2012-2012 Advisory Group, Proactive Primary Dementia Care Project (R21 NR011127,
Richard Fortinsky PI)

Doctoral Committee Member:

1993 California School of Professional Psychology (Chair)
1995 Kent State University
1999 The Pennsylvania State University
2000+ Case Western Reserve University
2016 Oregon Health Science University

Research Grant Review:

1995+ Alzheimer Society of Canada
2000+ National Alzheimer's Association
2003+ Retirement Research Foundation
2004+ National Institutes of Health (HOP-B)
2006+ Langeloth Foundation
2011 Economic and Social Research Council (UK)

Memberships:

American Psychological Association
Member: Division 20 Adult Development and Aging
Division 35 Psychology of Women
American Society on Aging (consistent abstract reviewer)
Member: Mental Health and Aging
Gerontological Society of America (consistent abstract reviewer)
Member: Behavioral and Social Sciences

PEER REVIEWED JOURNAL ARTICLES

Whitlatch, C.J. & Orsulic-Jeras, S., (2018). Meeting the informational, educational, and psychosocial support needs of persons with dementia and their family caregivers. *The Gerontologist*, 58(suppl_1), S58-S73. [https://doi: 10.1093/geront/gnx162](https://doi.org/10.1093/geront/gnx162).

Miller, L., Kaye, J., Lyons, K., Lee, C., Whitlatch, C., & Caserta, M. (2019). Well-being in dementia: A cross-sectional dyadic study of the impact of multiple dimensions of strain on persons living with dementia and their family care partners. *International Psychogeriatrics*, 1-10. doi:10.1017/S104161021800203X

Szabo, S., Whitlatch, C., Orsulic-Jeras, S., & Johnson, J. (2018). Recruitment challenges and strategies: Lessons learned from an early-stage dyadic intervention. *Dementia*, 15(5), 621-626. https://doi.org/10.1177/1471301216659608.

PEER REVIEWED JOURNAL ARTICLES (cont'd)

Shelton, E., Orsulic-Jeras, S., Whitlatch, C., & Szabo, S. (2018). Does it matter if we disagree? The impact of incongruent care preferences on persons with dementia and their care partners. *The Gerontologist*, 58(3), 556-566. https://doi.org/10.1093/geront/gnw202

Miller, L. M., Whitlatch, C. J., Lee, C. S., & Lyons, K. S. (2018). Incongruent perceptions of the care values of hospitalized person with dementia: A pilot study of patient-family caregiver dyads. *Aging & Mental Health*, 22(4), 489-496. https://doi.org/10.1080/13607863.2017.

Sebern, M., Sulemanjee, N., Sebern, M., Garnier-Villarreal, M., & Whitlatch, C. (2017). Does an intervention designed to improve self-management, social support and awareness of palliative-care address needs of persons with heart failure, family caregivers and clinicians? *Journal of Clinical Nursing*. https://doi.org/http://doi:10.1111/jocn.14115.

Sebern, M., & Whitlatch, C. (2017). Empirical instruments for assessment of care partners in response to Bennett, P.N., Wang, W., Moore, M., & Nagle, C. (2017). Care partner: A concept analysis. *Nursing Outlook*, 65(2), 184-194. *Nursing Outlook*. https://doi.org/10.1016/j.outlook.2017.07.004

Miller, L. M., Lee, C. S., Whitlatch, C. J., & Lyons, K. S. (2017). Involvement of Hospitalized Persons with Dementia in Everyday Decisions: A Dyadic Study. *The Gerontologist*. https://doi.org/10.1093/geront/gnw265.

Whitlatch, C.J., Heid, A.R., Femia, E.E., Orsulic-Jeras, S., Szabo, S., & Zarit, S.H. (2017). The Support, Health, Activities, Resources, and Education program for early stage dementia: Results from a randomized controlled trail. *Dementia*. DOI: 10.1177/1471301217743033

Moon, H., Townsend, A., Whitlatch, C., Dilworth-Anderson, P. (2017). Quality of life for dementia caregiving dyads: Effects of incongruent perceptions of everyday care and values. *The Gerontologist* https://doi.org/10.1093/geront/gnw055

Poo, A. & Whitlatch, C. (2016). Caregiving in America: Supporting families, strengthening the workforce. *Generations*, 40(4), 87-93.

Moon, H., Townsend, A., Whitlatch, C., Dilworth-Anderson, P. (2016). Predictors of Discrepancy Between Care Recipients With Mild-to-Moderate Dementia and Their Caregivers on Perceptions of the Care Recipients' Quality of Life. *American Journal of Alzheimer's disease and other Dementias*, 31(6), 508-515. DOI: 10.1177/1533317516653819

- Orsulic-Jeras, S., Whitlatch, C., Shelton, E., & Johnson, J. (2016). The SHARE program for dementia: Implementation of an early-stage dyadic care-planning intervention. *Dementia*. <https://doi.org/doi:1471301216673455>
- Miller, L., Whitlatch, C., & Lyons, K. (2016). Shared decision-making in dementia: A review of patient and family carer involvement. *Dementia*, 15(5), 1141–1157. <https://doi.org/10.1177/1471301214555542>
- Lund, D., Utz, R., Caserta, M., Wright, S., Lindfelt, C., Shon, H., Llanque, S., Whitlatch, C. & Montoro-Rodriguez, J. (2014). Time for living and caring: A tailored intervention to make respite more effective for caregivers. *International Journal of Aging and Human Development*. 79(2) 157-178. DOI: 10.2190/AG.79.2.d

PEER REVIEWED JOURNAL ARTICLES (cont'd)

- Powers, S.M. & Whitlatch, C.J. (2014). Measuring cultural justifications for caregiving in African American and White caregivers. *Dementia*, DOI: 10.1177/1471301214532112 <http://dem.sagepub.com/cgi/reprint/1471301214532112v1.pdf?ijkey=UnFOg04WOiLTwrR&keytype=ref>
- Nagpal, N., Heid, A.R., Zarit, S.H., & Whitlatch, C.J. (2014): Religiosity and quality of life: a dyadic perspective of individuals with dementia and their caregivers, *Aging & Mental Health*, DOI:10.1080/13607863.2014.952708 <http://dx.doi.org/10.1080/13607863.2014.952708>.
- Johnson, J.D., Whitlatch, C.J., & Menne, H.L. (2013). Activity and well-being of older adults: Does cognitive impairment play a role? *Research on Aging*, 36(2) doi: 10.1177/0164027512470703.
- Zarit, S.H., Lee, J.E., Barrineau, M.J., Whitlatch, C.J. & Femia, E.E. (2013). Fidelity and Acceptability of an Adaptive Intervention for Caregivers: An Exploratory Study, *Aging and Mental Health*, 17(2): 197–206. doi: 10.1080/13607863.2012.717252 <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3570581/>
- Reamy, A., Kim, K., Zarit, S.H., & Whitlatch, C. (2013). Values and preferences of individuals with dementia: Perceptions of family caregivers over time. *The Gerontologist*, 53(2), 293-302. doi: <http://gerontologist.oxfordjournals.org/cgi/reprint/gns078ijkey=7o8WQH6X8kbqrCK&keytype=ref>
- Menne, H.L., Johnson, J.D., Whitlatch, C.J., & Schwartz, S.M. (2012). Activity preferences of persons with dementia. *Activities, Adaptation & Aging*, 36(3), 195-213.
- Piiparinen, R., & Whitlatch, C.J. (2011). Existential loss as a determinant to well-being in the dementia caregiving dyad: A conceptual model. *Dementia: The International Journal of Social Research and Practice*, 10(2), 185-201.
- Reamy, A.M., Kim, K., Zarit, S.H., & Whitlatch, C.J. (2011). Understanding discrepancy in perceptions of values: Individuals with mild to moderate dementia and their family caregivers. *The Gerontologist*, 51(4), 473-483. <http://gerontologist.oxfordjournals.org/content/51/4/473.full.pdf?keytype=ref&ijkey=Ke99Mc0NicGxeTy>

- Judge, K., Menne, H.L., & Whitlatch, C.J. (2010). Stress process model for individuals with dementia. *The Gerontologist*, 50(3), 294–302. doi:10.1093/geront/gnp162
- Zarit, S.H., Femia, E.E., Kim, K., & Whitlatch, C.J. (2010). The structure of risk factors and outcomes for family caregivers: Implications for assessment and treatment. *Aging and Mental Health*, 14, 2, 220-231.
- Whitlatch, C.J., Piiparinen, R., & Feinberg, L.F. (2009). How well do family members know their relatives' care values and preferences? *Dementia: The International Journal of Social Research and Practice*. 8(2), 223-243.

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- Menne, H.L., Judge, K.S., & Whitlatch, C.J. (2009). Predictors of quality of life for individuals with dementia: Implications for intervention. *Dementia: The International Journal of Social Research and Practice*, 8(4), 543-560.
- Menne, H.L., Johnson, J.D., Whitlatch, C.J. (2008). What is the relationship between background characteristics and the dyadic strain experienced by individuals with dementia? *Alzheimer's Care Today*. 9(3), 190-197.
- Clark, P.A., Whitlatch, C.J., & Tucke, S.S. (2008). Consistency of information from persons with dementia: An analysis of differences by question type. *Dementia: The International Journal of Social Research and Practice*. 7(3), 341-358.
- Menne, H.L., Tucke, S.S., Whitlatch, C.J., & Feinberg, L.F. (2008). Decision-making involvement scale for individuals with dementia and family caregivers. *American Journal of Alzheimer's Disease & Other Dementias*. 23(1), 23-29.
- Menne, H.L., & Whitlatch, C.J. (2007). Decision-making involvement of individuals with dementia. *The Gerontologist*, 47(6), 810-819.
- Sebern, M.D., & Whitlatch, C.J. (2007). Dyadic Relationship Scale: A Measure of the impact of the provision and receipt of family care. *The Gerontologist*, 47(6), 741-751.
- Whitlatch, C.J., & Feinberg, L.F. (2006). Family and friends as respite providers for family caregivers. *Journal of Aging and Social Policy* (special issue: Family and Aging Policy), 18(3/4), 127-139.
- Whitlatch, C.J., Judge, K., Zarit, S.H., & Femia, E. (2006). Dyadic intervention for family caregivers and care receivers in early-stage dementia. *The Gerontologist*, 46(5), 688-694.
- Whitlatch, C.J., Feinberg, L.F., Tucke, S.T. (2005). Measuring the values and preferences for everyday care of persons with cognitive impairment and their family caregivers. *The Gerontologist*, 45(3), 370-380.

- Whitlatch, C.J., Feinberg, L.F., Tucke, S.T. (2005). Accuracy and consistency of responses from persons with dementia. *Dementia: The International Journal of Social Research and Practice*, 4(2), 171-183.
- Schur, D., Whitlatch, C.J., & Clark, P.A. (2005). Beyond the Chi-square: Family caregivers are more than just faceless statistics. *Lippincott's Case Management*, 10(2), 65-71.
- Whitlatch, C.J. & Feinberg, L.F. (2003). Planning for the future together in culturally diverse families: Making everyday care decisions. *Alzheimer's Care Quarterly*, 4(1), 50-61.
- Schur, D., & Whitlatch, C.J. (2003). Circumstances leading to placement: A difficult caregiving decision. *Lippincott's Case Management*, 8(5), 187-197.

PEER REVIEWED JOURNAL ARTICLES (cont'd)

- Feinberg, L.F., & Whitlatch, C.J. (2002). Decision-making for persons with cognitive impairment and their family caregivers. *American Journal of Alzheimer's Disease and Other Dementias*, 17(4), 237-244.
- Ejaz, F.K., Noelker, L.S., Schur, D., Whitlatch, C.J., & Looman, W.J. (2002). Family satisfaction with nursing home care for relatives with dementia. *Journal of Applied Gerontology*, 21(3), 368-384.
- Lyons, K.S., Zarit, S.H., Sayer, A.G., & Whitlatch, C.J. (2002). Caregiving as a dyadic process: Perspectives from caregiver and receiver. *Journals of Gerontology: Psychological Sciences*, 57B(3), P195-P204.
- Looman WJ, Noelker LS, Schur D, Whitlatch CJ, Ejaz FK (2002). Impact of family members on nurse assistants: What helps, what hurts. *American Journal of Alzheimer's Disease and Other Dementias*.17(6), 350-6.
- Feinberg, L.F., & Whitlatch, C.J. (2001). Are cognitively impaired adults able to state consistent choices? *The Gerontologist*, 41(3), 1-9.
- Whitlatch, C.J., Schur, D., Noelker, L.S., Ejaz, F.K., & Looman, W.J. (2001). The stress process of family caregiving in institutional settings. *The Gerontologist*, 41(4), 462-473.
- Whitlatch, C.J. (2001). Including the person with dementia in family caregiving research and practice. *Aging and Mental Health*, 5(Supplement), 72-74.
- Whitlatch, C.J., Feinberg, L.F., & Stevens, E.J. (1999). Predictors of institutionalization for persons with Alzheimer's disease and the impact on family caregivers. *Journal of Mental Health and Aging*, 5(3), 275-288.
- Feinberg, L.F., & Whitlatch, C.J. (1998). Family caregivers and in-home respite options: The consumer-directed versus agency-based experience. *Journal of Gerontological Social Work*, 30(3/4), 9-28.

- Schur, D., Noelker, L.S., Looman, W.J, Whitlatch, C.J., & Ejaz, F.K. (1998). Four steps to more committed nursing assistants. *Balance*, January/February, 29-32.
- Whitlatch, C.J., Feinberg, L.F., & Sebesta, D. (1997). Depression and health in family caregivers: Adaptation over time. *Journal of Aging and Health*, 9, 222-243.
- Looman, W.J., Noelker, L.S., Schur, D., Whitlatch, C.J., & Ejaz, F.K. (1997). Nursing assistants caring for dementia residents in nursing homes: The family's perspective on the high quality of care. *American Journal of Alzheimer's Disease*, Sept/Oct, 221-226.
- Whitlatch, C.J., Zarit, S.H., Goodwin, P.E., & von Eye, A. (1995). The influence of successful psychoeducational interventions on the course of family care. *Clinical Gerontologist*, 16, 17-30.
- Zarit, S.H. & Whitlatch, C.J. (1993). The effects of placement in nursing homes for family caregivers: Short and long term consequences. *Irish Journal of Psychology*, 14, 25-37.

PEER REVIEWED JOURNAL ARTICLES (cont'd)

- Zarit, S.H., & Whitlatch, C.J. (1992). Institutional placement: Phases of the transition. *The Gerontologist*, 32, 665-672.
- Friss, L., & Whitlatch, C.J. (1991). Who's taking care: A statewide study of family caregivers. *American Journal of Alzheimer's Care and Related Disorders and Research*, Sept/Oct, 16-26.
- Whitlatch, C.J., Zarit, S.H., & von Eye, A. (1991). Efficacy of interventions with caregivers: A reanalysis. *The Gerontologist*, 31(1), 9-14.
- Whitlatch, C.J., & Zarit, S. (1988). Sexual dysfunction in an aged married couple: A case study of a behavioral intervention. *Clinical Gerontologist*, 8, 43-62.

BOOKS, BOOK CHAPTERS, and INVITED PUBLICATIONS

- Whitlatch, C.J., Zarit, S.H., & Femia, E.E. (2016). Caregiving: Alzheimer's disease and related disorders. In S.K. Whitbourne, (Editor-in-Chief). *Wiley-Blackwell Encyclopedia of Aging*. London: Wiley-Blackwell.
- Zarit, S.H., Femia, E.E., & Whitlatch, C.J., (2015). Caregiving. In H. Friedman (Ed.), *Encyclopedia of Mental Health (2nd Ed)*, Elsevier:: New York.
- Whitlatch, C.J. (2014). Family caregiving: Innovations in theory, research, and practice. In J. Duvvuru, J.M. Kalavar, A.M Khan, & P.S. Liebig (Eds.). *Global Ageing*, Kanishka Publishers: New Delhi.
- Whitlatch, C.J. (2014). Understanding and enhancing the relationship between people with dementia and their family carers. In M. Downs & B. Bowers (Eds), *Excellence in Dementia Care: Principles and Practices (2nd Ed)*, Open University Press: New York.
- Whitlatch, C.J. (2013). Person-centered care in the early stages of dementia: Honoring individuals and their choices. *Generations*, Fall, 30-36.
- Whitlatch, C.J. (2012) Share-ing resources and education for those with early-stage dementia and

their caregivers. *Aging Today Online, September*. <http://www.asaging.org/blog/share-ing-resources-and-education-those-early-stage-dementia-and-their-caregivers>

Clare, L., Kinsella, G.J., Logsdon, R., Whitlatch, C.J., Zarit, S.H. (2011). Building resilience in mild cognitive impairment and early-stage dementia: Innovative approaches to intervention and outcome evaluation. In B. Resnick et al.(Eds.), *Resilience in aging: Concepts, research, and outcomes* (pp. 245-259). New York, NY: Springer Science + Business Media.

Whitlatch, C.J. (2010). Assessing the personal preferences of persons with dementia. In Lichtenberg, P. (Ed.), *Handbook of Assessment in Clinical Gerontology* (pp. 557-580). doi: 10.1016/B978-0-12-374961-1.10021-1. Elsevier Publishing.

Whitlatch C.J., & Menne H.L. (2009). Don't forget about me: Decision making by persons with dementia. *Generations*. 33(1), 66-73.

BOOKS, BOOK CHAPTERS, and INVITED PUBLICATIONS (cont'd)

Whitlatch, C.J. (2008). Informal caregivers: Communication and decision making. *American Journal of Nursing*, 108(9), 73-77. This article was also published as a special supplement within the *Journal of Social Work Education*, 44(3) (Fall 2008), 89-95 as part of an agreement between the Council on Social Work Education and *AJN*.

Whitlatch, C.J. & Feinberg, L.F. (2007). Family care and decision making. In Cox, C. (Ed.), *Handbook of Social Work Practice and Dementia* (pp.129-147). Springer: New York.

Whitlatch, C.J., & Noelker, L.S. (2007). Caregiving and caring. In J.E. Birren (Editor-in-Chief), *The Encyclopedia of Gerontology (Second Edition): Age, Aging, and the Aged, Vol.1.* (240-248). Elsevier.

Whitlatch, C.J. (2007). Older consumers and decision making: A look at family caregivers and care receivers. In S. Kunkel & V. Wellin (Eds.) *Consumer Voice and Choice in Long-Term Care* (pp.3-20). New York: Springer.

Noelker, L.S., & Whitlatch, C.J. (2005). Informal caregiving. In Evashwick, C.J. (Ed.), *The Continuum of Long-term Care*, Third edition. Stamford, CT: Delmar.

Whitlatch, C.J. (2002). Consumer direction for family caregivers and care recipients: Challenges and opportunities. *National Family Caregiver Support Program*. Washington, DC: Administration on Aging, Department of Health and Human Services.

Whitlatch, C.J. & Feinberg, L.F. (2002). Research shows need to respect both givers and receivers of care. *Aging Today*, 23 (7). San Francisco: American Society on Aging.

Feinberg, L.F., & Whitlatch, C.J. (2002). The decision making capacity of persons with cognitive impairment. In B. Vellas et al. (Eds.), *Research and Practice in Alzheimer's Disease*, Volume 6.

Noelker, L.S., & Whitlatch, C.J. (2000). Informal caregiving. In G.L. Maddox (Ed.), *The Encyclopedia of Aging*, Third Edition. New York: Springer.

Whitlatch, C.J. (1998). Distress and burden for family caregivers. In A. Wimo, B. Jonsson, G. Karlsson, & B. Winblad (Eds.), *Health Economics of Dementia*. London: John Wiley & Sons, Ltd.

- Whitlatch, C.J., & Noelker, L.S. (1996). Caregiving and caring. In J.E. Birren (Ed.), *The Encyclopedia of Gerontology*. New York: Academic.
- Noelker, L.S., & Whitlatch, C.J. (1995). Caregiving. In G.L. Maddox (Ed.), *The Encyclopedia of Aging*, Second Edition. New York: Springer.
- Pearlin, L.I., Aneshensel, C.S., Mullan, J.T., & Whitlatch, C.J. (1995). Informal caregiving and its social support. In L.K. George & R.H. Binstock (Eds.), *Handbook of Aging and the Social Sciences*, 4th Edition (pp.283-302). New York: Academic.
- Aneshensel, C.S., Pearlin, L.I., Mullan, J.T., Zarit, S.H., & Whitlatch, C.J. (1995). *Profiles in Caregiving: The Unexpected Career*. Academic: New York.

BOOKS, BOOK CHAPTERS, and INVITED PUBLICATIONS (cont'd)

- Whitlatch, C.J. (1993). The direction of home-based community care in Québec: The effects on caregiving families. In S.H. Zarit, L.I. Pearlin, & K.W. Schaie (Eds.), *Systems of caregiving: Informal and formal supports* (pp.233-240). Hillsdale, NJ: Erlbaum.

REPORTS

- Whitlatch, C.J., Piiparinen, R., & Menne, H.L. (2009, December). *Conceptualizing Mental Health Interventions*. Final report submitted to the National Institute of Mental Health, Dept. of Health and Human Services, Washington, DC.
- Whitlatch, C.J., & Piiparinen, R. (2008, December). *Enhancing the Role of Older Adults in Research and Care Planning*. Final report submitted to the Retirement Research Foundation, Chicago, IL.
- Zarit, S.H., Whitlatch, C.J., & Femia, E. (2005, April). *Early diagnosis of dementia: Dyadic counseling for family caregivers and patients*. Final report submitted to the Administration on Aging, Dept. of Health and Human Services, Washington, DC.
- Whitlatch, C.J., Feinberg, L.F., & Tucke, S.S. (2000). *Decision making and service use in caregiving families over time*. Final report to the Retirement Research Foundation. Cleveland, OH: The Margaret Blenkner Research Institute of Benjamin Rose.
- Whitlatch, C.J., & Tucke, S.S. (2000). *Autonomy and functioning in African American caregiving families*. Final report to the AARP Andrus Foundation. Cleveland, OH: The Margaret Blenkner Research Institute of Benjamin Rose.
- Feinberg, L.F., Whitlatch, C.J., & Tucke, S.S. (2000). *Making hard choices: Respecting both voices*. Final report to the Robert Wood Johnson Foundation. Cleveland, OH: The Margaret Blenkner Research Institute of Benjamin Rose.
- Feinberg, L.F., & Whitlatch, C.J. (1995). *Pre- and post-placement caregiving for relatives with Alzheimer's Disease*. Final report to California's Department of Health Services, Alzheimer's Program. Family Caregiver Alliance (formerly Family Survival Project): San Francisco.

Friss, L.R., Whitlatch, C.J., & Yale, R. (1990). *Who's taking care? A profile of California's family caregivers of brain-impaired adults*. San Francisco, CA: Family Caregiver Alliance (formerly Family Survival Project).

Whitlatch, C.J. (1989). *Results of the first year's assessment database of family caregivers of brain-impaired adults*. San Francisco, CA: Family Caregiver Alliance.

INVITED PRESENTATIONS (selected from over 50)

Whitlatch, C., & Orsulic-Jeras, S. (2017, July). *The SHARE Program: From Dementia Care to Broader Chronic Illness Care*. In-person presented at the International Association of Gerontology and Geriatrics Conference, San Francisco; California.

INVITED PRESENTATIONS (cont'd)

Whitlatch, C. (2017, November). *Dyadic Interventions for Persons Living with Dementia and Their Family Caregivers: From Early-Stage to End-of-Life*. In-person presented at the BRIA Annual Caregiving Conference, Cleveland, OH.

Whitlatch, C. (2017, October). *Dyadic Interventions: From Early-Stage to End-of-Life*. In-person presented at the National Research Summit on Care, Services, and Support for Persons with Dementia and Their Caregivers, Washington; DC.

Whitlatch, C., Szabo, S., Orsulic-Jeras, S., & Shelton, E. (2016, November). *"I Know What You Want, But I Can't Do It All:" How SHARE Helps Families Create a Balanced Care Plan*. In-person presented at the Annual Meeting of the Gerontological Society of America, New Orleans; LA.

Whitlatch, C.J. (February, 2016). *Respecting Both Voices: Support for the Caregiver and Care Receiver*. Half-day workshop presented at the Early-Stage Memory Loss Forum for Professionals, Seattle Alzheimer's Association, Seattle, WA.

Whitlatch, C.J., & Orsulic-Jeras, S. (2014, November). *Enhancing the well-being of persons with early-stage dementia and their family care partners*. Symposium presented at the Benjamin Rose Institute on Aging Education Conference, Cleveland, OH.

Whitlatch, C.J. (2014, May). *Family Caregivers: Overview/Multicultural Perspectives*. Presented at the Dementia Counseling and Care Conference, Winston-Salem, NC.

Whitlatch, C.J., Orsulic-Jeras, S., & Schwartz, S. (2013, October). *Developing an evidence-based intervention for persons with early-state dementia and their family care partners*. Symposium presented at the Benjamin Rose Institute on Aging Education Conference, Cleveland, OH.

Whitlatch, C.J., Orsulic-Jeras, S., & Schwartz, S. (2013, November). *The SHARE intervention for persons with early-state dementia and their family care partners*. Symposium presented at the Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.

- Whitlatch, C.J. (2013, March). *Family Memory Care Training: Developing a shared plan of care for families in the early stages of dementia*. Workshop presented at the Meeting of the Minds Dementia Conference, St. Paul, MN.
- Whitlatch, C.J. (2013, March). *Preventing conflict in families living with dementia*. Symposium presented at the Meeting of the Minds Dementia Conference, St. Paul, MN.
- Whitlatch, C.J. (2011, November). *Assessing the personal care values and preferences of individuals with dementia*. Symposium organized by Drs. Benjamin Mast and Rebecca Logsdon at the annual meeting of the Gerontological Society of America, Boston, MA.
- Whitlatch, C.J. (2011, November). *A dyadic intervention for individuals with early-stage dementia and their family*. Symposium organized by Drs. Sarah Yarry, Katherine Judge, and Katie Maslow at the annual meeting of the Gerontological Society of America, Boston, MA.
- Whitlatch, C.J. (2011, November). *Recruitment and retention of persons with dementia and family caregivers in intervention research*. Symposium organized by Drs. Murna Downs and Richard H. Fortinsky at the annual meeting of the Gerontological Society of America, Boston, MA.
- Whitlatch, C.J., Schwartz, S., Johnson, J., Turowski, A., & Orsulic-Jeras, S. (2011, November). *Helping Families Adjust to Transitions in Early-Stage Memory Loss*. Presented at the 2011 Aging Your Way Annual Conference, Cleveland, OH.
- Calkins, M., Horowitz, A., & Whitlatch, C.J. (2010, March). *Pragmatics of Grant Writing*. Presented at the American Society on Aging's annual meeting, Chicago, IL.
- Whitlatch, C.J. (2008, January). *State of the Science: Communication with family/informal caregivers*. Presented at the State of the Science: Nurses and Social Workers Supporting Family Caregivers conference, Washington, DC.
- Whitlatch, C.J. (2007, November). *Respecting both voices: Support for the caregiver and care receiver*. Plenary Session, Edna Gates Conference on Alzheimer's Care, Troy, MI.
- Whitlatch, C.J. (2007, November). *Early-stage interventions for family caregivers and persons with dementia*. Workshop, Edna Gates Conference on Alzheimer's Care, Troy, MI.
- Whitlatch, C.J. (2007, July). *Early diagnosis dyadic intervention for family care dyads*. Presented as part of the symposium "Model Interventions for Older Adults with Dementia and Their Family Caregivers." Council of International Programs USA Conference, Cleveland, Ohio.
- Whitlatch, C.J. (2006, October). *Research and interventions for family caregivers and persons with dementia*. Gerontology Group Colloquium, Mandel School of Applied Social Sciences, Cleveland, Ohio.
- Whitlatch, C.J. (2006, March). *Using research, assessment, and intervention to help caregiving families*. Lecture presented at for Health Care Administration Long Term Care (graduate course), Cleveland State University, Ohio.

Whitlatch, C.J. (2004, November). *Using assessment and intervention to help caregiving families*. Presented at the Alzheimer's Disease Demonstration Grants to States, Grantees' Annual Training Meeting. Conference of the Dept. of Health and Human Services, Administration on Aging, Washington, DC.

Whitlatch, C.J. (2003, September). *What do caregivers need: Caregiver assessment and evaluation and strategies for intervention*. Presented at the National Summit on Creating Healthy & Caring Communities. Conference of the Dept. of Health and Human Services, Administration on Aging, Orlando, FL.

Feinberg, L.F., MaloneBeach, E., & Whitlatch, C.J. (2003, March). *Making research happen in practice settings*. Workshop presented at the joint conference of The National Council on the Aging and the American Society on Aging, Chicago, IL.

INVITED PRESENTATIONS (cont'd)

Whitlatch, C.J. (2002, November). *Research and interventions with family caregivers and care receivers*. Presented at the Ninth Annual Wellness Conference, John Carroll University, University Heights, OH.

Whitlatch, C.J. (2002, July). *Respecting both voices in family care: Support for both the caregiver and person living with dementia*. Colloquium presented at the University of Bradford, School of Health Studies, Bradford Dementia Group, Bradford, England.

Whitlatch, C.J., Feinberg, L.F., & Malone-Beach, E. (2002, April). *Making research happen in practice settings*. Presented at the Joint Conference of The National Council on Aging and the American Society on Aging, Denver, CO.

Whitlatch, C.J. (2002, February). *Respecting both voices: Support for the caregiver and care receiver*. Presented at the South Carolina Health and Human Services Community Long Term Care Annual Conference, Myrtle Beach, SC.

Whitlatch, C.J. (2001, October). *Older consumers and decision making: A look at family caregivers and care recipients*. Presented the 4th Long Term Care Conference of Scripps Gerontology Center of Miami University, Columbus, OH.

Whitlatch, C.J. (2001, February). *Including persons with dementia in family caregiving research and practice*. Presented at University Alzheimer Center, Clinical, Behavioral, and Social Science Research Conference, Cleveland, OH.

Whitlatch, C.J. (2000, December). *Balancing family roles and personal rights: The dilemmas of caregiving*. Presented at the Fairhill Gerontology Series, Fairhill Center, Cleveland, OH.

Whitlatch, C.J. (2000, April). *The person with Alzheimer's Disease*. Presentation at the National Alzheimer's Association conference "The contextual world of people with Alzheimer's Disease: Social and behavioral perspectives," Chicago, IL.

- Whitlatch, C.J. (1998, April). *How will we know when Alzheimer's support services are successful?* Panelist for the Joseph & Florence Mandel Alzheimer's Caregiving Institute Fourth Annual Spring Conference, "Separating Fact From Fiction In Alzheimer's Care." Cleveland, OH.
- Whitlatch, C.J. (1996, June). *Alleviating the stress of family caregivers: Placement issues and respite options.* Keynote speaker, Annual Conference of the Western Reserve Consortium for the Prevention and Treatment of Elder Abuse, Fairhill Center on Aging, Cleveland, OH.
- Whitlatch, C.J. (1996, January). *The decision to place a demented family member: Short and long-term effects.* Invited presentation at the Alzheimer's Disease Research Center, University Hospitals, Fairhill Center on Aging, Cleveland, OH.
- Whitlatch, C.J. (1995, November). *Stressors for family caregivers involved in long-term care.* Presentation at the General and Internal Medicine / Health Services Research Group, University Hospitals, The Veterans Administration, Cleveland, OH.
- Whitlatch, C.J., Friss, L.R., & Harrison-Jay, S. (1995, March). *Placing a demented loved one in a long-term care facility: Alleviating the stress of family caregivers.* Presented at the American Society on Aging's annual meeting, Atlanta, GA.
- Whitlatch, C.J. (1995, October). *Transitions for family carers: Long-term care placement and its aftermath.* Invited seminar, Institute for Health Policy Studies, Gerontological Research Network, University of Southampton, Southampton, England.
- Whitlatch, C.J. (1995, April). *Transitions in caregiving careers: Placement and its aftermath.* Invited colloquium, National Institute in Aging Training Grant, The Gerontology Center, The Pennsylvania State University, University Park, PA.
- Whitlatch, C.J. (1995, February). *Older women as caregivers.* Invited panelist, Older Women's Track, Cleveland Summit on Aging, Cleveland Convention Center, Cleveland, OH.

SELECTED PRESENTATIONS (from over 175)

- Femia, E.E., Whitlatch, C.J., Orsulic-Jeras, S., Szabo, S.M., Heid, A. (2016, March). *SHARE: An Evidence-Based Program to Support Persons with Early-Stage Dementia and Their Care Partners.* Workshop presented at the 2016 Annual Meeting of the American Society of Aging, Washington, D.C.
- Whitlatch, C.J., Femia, E.E., Zarit, S.H., Orsulic-Jeras, S., Szabo, S.M. (2015, November). *The SHARE Intervention for Persons with Early-Stage Dementia and Their Family Caregivers.* Preconference workshop presented at the 2015 Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Szabo, S.M., Femia, E.E., Orsulic-Jeras, S., Whitlatch, C.J. (2015, November). *Support, Health, Activities, Resources, and Education: The SHARE Intervention for Persons with Early-Stage Dementia and Their Care Partners.* Symposium presented at the 2015 Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Orsulic-Jeras, S., Szabo, S.M., Whitlatch, C.J. (2015, November). *Living for Today While*

Planning for Tomorrow: An Early-Stage Dyadic Care Planning Intervention. Poster presented at the 2015 Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.

Orsulic-Jeras, S., Szabo, S.M., Whitlatch, C.J. (2015, November). *The Evolution of the SHARE Program: The Development, Testing, and Commercialization of an Early-Stage Dyadic Intervention for Persons with Dementia and Their Family Caregivers.* Symposium paper presented at the 2015 Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.

Whitlatch, C.J., Femia, E.E., Szabo, S.M., Orsulic-Jeras, S., Zarit, S.H., Heid, A. (2015, July). *Support, Health, Activities, Resources, and Education: The Evidence-Based Share Program for Persons with Early-Stage Dementia and Their Family Caregivers.* Paper presented at the 2015 Alzheimer's Association International Conference, Washington, D.C.

SELECTED PRESENTATIONS (cont'd)

Whitlatch, C.J. (2014, November). *Developing an evidence base for the SHARE intervention.* Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

Schwartz, S.M., Whitlatch, C.J., & Orsulic-Jeras, S. (2014, November). *Recruitment and enrollment strategies for involving early-stage dementia dyads in research.* Symposium paper presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

Orsulic-Jeras, S., Whitlatch, C.J., & Schwartz, S.M. (2014, November). *An early-stage dyadic intervention for persons with dementia and their family caregivers: Two case examples.* Symposium paper presented at the Annual Meeting of the Gerontological Society of America, Washington, D.C.

Whitlatch, C.J., Femia, E.E., Zarit, S.H., Orsulic-Jeras, S., & Schwartz, S.M. (2014, November). *The SHARE Intervention for Persons with Early-Stage Dementia and their Family Care Partners.* Symposium presented at the 2014 annual meeting of the Gerontological Society of America, Washington, D.C.

Orsulic-Jeras, S., Whitlatch, C.J., & Schwartz, S.M. (2014, November). *SHARE: An Early-Stage Dyadic Intervention for Persons with Dementia and their Family Caregivers: Two Case Examples.* Symposium paper presented at the 2014 annual meeting of the Gerontological Society of America, Washington, D.C.

Femia, E., & Whitlatch, C.J. (2014, November). *Next Steps for SHARE: Development of a Training Curriculum and iPad App for SHARE Counselors.* Symposium paper presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

Whitlatch, C.J., Femia, E.K., & Zarit, S.H. (2013, November). *The SHARE Intervention for Early-Stage Dementia Families.* Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.

Whitlatch, C.J., Orsulic-Jeras, S., & Schwartz, S. (2013, October). *Developing an evidence*

-based intervention for persons with early-stage dementia and their family care partners.
Workshop presented at the Benjamin Rose Institute on Aging, Cleveland, OH.

Whitlatch, C.J., Orsulic-Jeras, S., & Schwartz, S. (2013, November). The SHARE intervention for persons with early-stage dementia and their family care partners. Presented at the Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.

Whitlatch, C.J. (2013, July). Development and evaluation of an early-stage dyadic intervention for persons with dementia and their family carers. Presented at the Alzheimer's Association 2013 International Conference, Boston, MA.

Whitlatch, C.J., Orsulic-Jeras, S., Turowski, A. (2012, March). *A Multi-Component Intervention for Persons With Early-Stage Dementia and Their Family Caregivers.* Workshop presented at the annual meeting of the American Society on Aging, Washington, DC.

SELECTED PRESENTATIONS (cont'd)

Orsulic-Jeras, S. Menne, H.L., Whitlatch, C.J., Schwartz, S. (2010, November). *Acceptability of an Early Stage Dyadic Intervention for Individuals with Early Onset Dementia and Their Family Caregivers.* Poster presented at the 2009 annual meeting of the Gerontological Society of America, New Orleans, LA.

Bollin, S., Menne, H., & Whitlatch, C.J. (2011, November). *Lifestyle and lifespan: Continuing meaningful engagement and interactions after the diagnosis of dementia.* Paper presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Lee, J., Zarit, S.H., Martire, L.M., Rovine, M., Whitlatch, C.J., & Schulz, R. (2011, November). *Activity restriction and well-being in couples coping with osteoarthritis: Marital satisfaction as a buffer.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Moon, H., Townsend, A.L., & Whitlatch, C. (2011, November). *Care recipient and family caregiver perceptions of everyday care in early-stage dementia: The effect of incongruence on quality of life.* Symposium organized by Drs. Barbara Resnick, Johannes Gräske, and Erik van Rossum at the annual meeting of the Gerontological Society of America, Boston, MA.

Orsulic-Jeras, S., Whitlatch, C.J., Johnson, J.D., & Schwartz, S. (2011, November). *Bringing technology home: Acceptability and feasibility of a cognitive training program for individuals with dementia.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Reamy, A.M., Zarit, S.H., & Whitlatch, C.J. (2011, November). *Discrepancy in perceptions of values over time: Individuals with dementia and family caregivers.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Orsulic-Jeras, S. Menne, H.L., Whitlatch, C.J., Schwartz, S. (2010, November). *Acceptability of an Early Stage Dyadic Intervention for Individuals with Early Onset Dementia and Their Family Caregivers.* Poster presented at the 2009 annual meeting of the Gerontological Society of America, New Orleans, LA.

Whitlatch, C.J. & Menne, H.L. (2009, November). *Let me have a say about my care: Consistency of preferences among persons with cognitive impairment*. Paper presented at the Gerontological Society of America conference, Atlanta, GA.

Whitlatch, C.J. & Menne, H.L., (2009, June). *Dyadic interventions for family caregivers and care receivers in early-stage dementia*. Presented at the Annual Grantees and Partners Meeting of the Alzheimer's Disease Supportive Services Program (ADSSP), Arlington, VA.

Menne, H., & Whitlatch, C.J. (2009, March). *Enhancing communication in caregiving families*. Workshop given at the Joint Conference of the American Society on Aging and the National Council on Aging, Las Vegas, NV.

Menne, H., Orsulic-Jeras, S., True, S.M., & Whitlatch, C. (2008, November). *Help Me Help You: Caregiver and Care Receiver (Dis)agreement Over Care Preferences*. Poster presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.

SELECTED PRESENTATIONS (cont'd)

Piiparinen, R. & Whitlatch, C. (2008, November). *The experience of loss: an existential model of dementia caregiving*. Poster presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Whitlatch, C. & Bass, D. (2008, November). *The antecedents and consequences of misperceptions about care preferences for family caregivers and their relatives with dementia*. Symposium presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Whitlatch, C. (2008, November). *Dyad research in family care: methods for assessing the (mis)perceptions about care values and preferences*. Symposium presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Piiparinen, R. True, S., & Whitlatch, C. (2008, November). *The Effect of Dyadic Misperception on Caregiver Well-Being*. Symposium presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Johnson, J., Menne, H., & Whitlatch, C. (2008, November). *Who cares about you? How background characteristics affect dyadic relationships of individuals with dementia and caregivers*. Poster presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Whitlatch, C. (2008, November). *A dyadic intervention to improve psychosocial outcomes for persons with dementia*. Symposium presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Kim, K., Femia, E., Whitlatch, C., & Zarit, S. (2008, November). *A profile of caregiver risk factors: associations across multiple measures*. Poster presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Clare, L., Zarit, S., & Whitlatch, C. (2008, November). *Building resilience in mci and early-stage dementia: innovative approaches to intervention and outcome evaluation*. Symposium presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.

- Pruchno, R., Marite, L., Whitlatch, C., Bookwala, J., Pruchno, R., Wilson-Genderson, M., & Cartwright, F. (2008, November). *Chronic illness in the context of marriage*. Symposium presentation at the annual meeting of the Gerontological Society of America, National Harbor, MD.
- Moon, H., Townsend, A. & Whitlatch, C.J. (2012, January). *Care recipient and family caregiver perceptions of everyday care in early-stage dementia: The effect of incongruence on quality of life and the mediating effects of relationship strain*. Poster presented at the 16th Annual Conference of the Society for Social Work and Research, Washington, DC.
- Johnson, J.D., Menne, H.L., & Whitlatch, C.J. (2008, April). *Variations in MMSE items among a sample of older adults*. Poster presented at the annual meeting of the Ohio Association of Gerontology and Education (OAGE), Cleveland, OH.
- Menne, H., Whitlatch, C.J., & Judge, K. (2008, March). *Theory to practice: Enhancing quality of life for persons with dementia*. Workshop presented at the Joint Conference of the American Society on Aging and the National Council on Aging, Washington, DC.
- SELECTED PRESENTATIONS (cont'd)**
- Whitlatch, C.J., Piiparinen, R.P., & Johnson, J. (2007, November). *You can't always give what they want: How misinformation affects caregiver burden*. Symposium presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Whitlatch, C.J. (2007, November). *Family caregiver involvement in end-of-life care for long-term care residents*. Invited discussant presentation as part of symposium "End of life in assisted living and nursing homes: The role and perceptions of family caregivers" (Zimmerman et al.). Presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Whitlatch, C.J. (2007, November). *Understanding the perspectives of persons with dementia*. Invited discussant presentation as part of the symposium "Shared understandings: Reliability of self-reported information from people with dementia" (Clare et al.). Presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Whitlatch, C.J. (2007, November). *The ANSWERS intervention for individuals with dementia and their care partners*. Invited discussant presentation as part of the symposium "Acquiring new skills while enhancing remaining strengths: A strength-based intervention for individuals with dementia and their care partners" (Judge et al.). Presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Clark, P.A., Piiparinen, R.P., Whitlatch, C.J., & True, S. (2007, November). *Variation in reliability of information from individuals with dementia*. Symposium presentation at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Menne, H.L. (2007, November). *A longitudinal exploration of the decision-making involvement and quality of life of individuals with dementia*. Symposium presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.

- Piiparinen, R.P. & Whitlatch, C.J. (2007, November). *Measuring the needs of cognitively impaired care receivers and the caregiver's perceptions of those needs: A factor analysis*. Paper presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Johnson, J.D., Menne, H.L., & Whitlatch, C.J. (2007, April). *Is there a relationship between background characteristics and the strains of living with dementia?* Poster presented at the annual meeting of the Ohio Association of Gerontology and Education (OAGE), Newark, OH.
- Whitlatch, C.J. (2007, March). *Leading edge caregiver interventions*. Paper presented at the Joint Conference of the American Society on Aging and the National Council on Aging, Chicago, IL.
- Whitlatch, C.J. (2007, March). *Early stage interventions for family caregivers and persons with dementia*. Paper presented at the Joint Conference of the American Society on Aging and the National Council on Aging, Chicago, IL.
- Menne, H. L., Whitlatch, C. J., Clark, P. A., Tucke, S. S., & Johnson, J. D. (2006, November). *Research and interventions for family care dyads*. Poster presented at the Reflecting on 100 Years of Alzheimer's: The Global Impact on Quality of Lives conference. Cleveland, OH.

SELECTED PRESENTATIONS (cont'd)

- Whitlatch, C.J. (2006, November). *Understanding and lessening discrepancies in care preferences within family care dyads*. Paper presented as part of symposium organized for the annual meeting of the Gerontological Society of America, Dallas, TX.
- Whitlatch, C.J., & Clare, L. (2006, November). *Three measures to assess care-related stressors and outcomes in family care dyads*. Symposium organized for the annual meeting of the Gerontological Society of America, Dallas, TX.
- Whitlatch, C.J. (2006, November). *Dyad research in family care: Measures to assess family caregivers and persons living with dementia*. Paper presented as part of symposium organized for the annual meeting of the Gerontological Society of America, Dallas, TX.
- Whitlatch, C.J. (2006, November). *Innovations in assessing psychosocial preferences and delivering individualized care*. Discussant presentation as part of "State-of-the-art Symposium" organized for the annual meeting of the Gerontological Society of America, Dallas, TX.
- Sebern, M., & Whitlatch, C.J. (2006, November). *Measuring relationship strain from perspectives of both members of a family care dyad*. Poster presented at the annual meeting of the Gerontological Society of America, Dallas, TX.
- Clark, P.A., Whitlatch, C.J., & Tucke, S.S. (2006, November). *Consistency of information from persons with dementia over time*. Paper presented at the annual meeting of the Gerontological Society of America, Dallas, TX.
- Whitlatch, C.J. (2006, September). *Research and interventions with family caregivers and persons with dementia*. Symposium organized for the annual meeting of the British Society of Gerontology, University of Bangor, Wales, UK.

- Whitlatch, C.J. (2006, September). *Longitudinal research with family care dyads living with dementia*. Paper presented at the annual meeting of the British Society of Gerontology, University of Bangor, Wales, UK.
- Menne, H.L. & Whitlatch C.J. (2006, September). *Decision-making involvement of persons with dementia*. Poster presented at the BSG Conference, Wales, UK.
- Menne, H.L., Whitlatch, C.J., Clark, P.A., & Tucke, S.S. (2006, April). *For persons with cognitive impairment, what contributes to their quality of life?* Poster presented at the Fourth Annual Research ShowCASE, Case Western Reserve University, Cleveland, OH.
- Menne, H.L. & Whitlatch, C.J. (2006, March). *"How involved are you . . .?": Decision-making involvement and individuals with dementia*. Paper presented at the annual meeting of the Ohio Association of Gerontology and Education (OAGE), Bowling Green, OH.
- Whitlatch, C.J. (2005, November). *Dyadic research and interventions with family caregivers and persons with early-stage dementia*. Paper presented at the annual meeting of the Gerontological Society of America, Orlando, FL.

SELECTED PRESENTATIONS (cont'd)

- Whitlatch, C.J. & Maslow, K. (2005, November). *Enhancing discussion, knowledge, and agreement about care preferences with family caregivers and persons with dementia*. Symposium presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Whitlatch, C.J. (2005, November). *Research and interventions with family caregivers and persons with dementia*. Paper presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Clark, P.A., Whitlatch, C.J. & Tucke, S.S. (2005, November). *Knowledge and agreement of care preferences and dyadic well-being*. Paper presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Tucke, S.S., Whitlatch, C.J. & Clark, P.A., (2005, November). *Characteristics of care partners who discuss, know, and agree on care preferences*. Paper presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Clark, P.A., Whitlatch, C.J. & Tucke, S.S. (2005, November). *Reliability of information from persons with dementia*. Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Menne, H.L., Whitlatch, C.J. & Clark, P.A., Tucke, S.S. (2005, November). *For persons with cognitive impairment, what contributes to their quality of life?* Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Tucke, S.S. & Whitlatch, C.J. (2005, November). *The Values and Preferences Scale: Assessing the care values of persons with cognitive impairment and their family caregivers*. Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.

- Clark, P.A., Whitlatch, C.J. & Tucke, S.S. (2005, July). *Communication and decision making in caregiving families*. Paper presented at the 13th Alzheimer's Disease Education Conference, Chicago, IL.
- Whitlatch, C.J., Zarit, S.H., & Mostade, S.J. (2005, March). *Early-stage dementia: A dyadic intervention for family caregivers and care recipients*. Paper presented at the joint conference of The National Council on the Aging and the American Society on Aging, Philadelphia, PA.
- Whitlatch, C.J. (2004, November). *The challenges and rewards of conducting research with persons with dementia*. Symposium organized for the Annual Meeting of the Gerontological Society of America, Washington DC.
- Tucke, S.S. & Whitlatch, C.J. (2004, July). *Helping caregivers understand their relative's preferences: Improving caregiver well-being in early stage dementia*. Presented at the 12th National Alzheimer's Disease Education Conference, Philadelphia, PA.
- Whitlatch, C.J. & Tucke, S.S. (2004, July). *Cultural variation in early stage dementia caregiving: Do family caregivers know their relative's preferences for care?* Presented at the 12th National Alzheimer's Disease Education Conference, Philadelphia, PA.

SELECTED PRESENTATIONS (cont'd)

- Whitlatch, C.J. (2004, April). *Translating research findings into practical interventions for family caregiver and care recipient dyads*. Paper presented at joint conference of The National Council on the Aging and the American Society on Aging, San Francisco, CA.
- Browdie, R., Turowski, A., & Whitlatch, C.J. (2004, April). *From anecdotes to algorithms: Bringing together practice, research, and management*. Paper presented as part of workshop at the joint conference of The National Council on the Aging and the American Society on Aging, San Francisco, CA.
- Whitlatch, C.J., Judge, K.S., Abraham, M. & Mostade, J. (2004, March). *The faces of Caregiving: How older adults and family caregivers think about the care situation*. Presented at the Margaret Blenkner Research Institute's Community Forum, Cleveland, OH.
- Clark, P., & Whitlatch, C.J. (2003, November). *Communication and understanding of care preferences in caregiving dyads*. Poster presented at the Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Schur, D., Whitlatch, C.J., & Clark, P. (2003, November). *Beyond the Chi-Square: Caregivers are more than just faceless statistics*. Poster presented at the Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Whitlatch, C.J., & Zarit, S. (2003, November). *Research and interventions with family caregivers and persons with dementia: Respecting both voices*. Symposium presented at the Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Whitlatch, C.J. (2003, October). *Assessing the care values and preferences of persons with cognitive impairment and their family caregivers*. Paper presented at 6th annual American Society on Aging, Care Management Conference, Philadelphia, PA.

Whitlatch, C.J., Feinberg, L.F., Giunta, N., Kietzman, K.G., & Mills-Dick, K. (2003, March). *Respecting both voices in dyad research: The challenges of interviewing family caregivers and persons with cognitive impairment*. Symposium presented at the joint conference of The National Council on the Aging and the American Society on Aging, Chicago, IL.

Whitlatch, C.J., Tucke, S.S., & Feinberg, L.F. (2002, November). *Care values and preferences of family caregivers and persons with cognitive impairments*. Paper presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.

Tucke, S.S. & Whitlatch, C.J. (2002, November). *The relationship between dyadic congruence and family caregiver strain*. Presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.

Schur, D. & Whitlatch, C. (2002, November). *COPE: Caregiver options program and evaluation*. Presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.

Heidorn, J., Whitlatch, C.J., & Tucke, S. (2002, November). *The relationship of cognitive impairment to values and preferences for care*. Presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.

SELECTED PRESENTATIONS (cont'd)

Whitlatch, C.J., & Feinberg, L.F. (2002, October). *Respecting both voices in family care: Empowering family caregivers and persons with dementia*. Presented at the 3rd International Conference on Family Care, Washington, DC.

Whitlatch, C.J. (2002, October). *Supporting older clients and their family caregivers*. Presented at the Margaret Blenkner Research Institute's 40th Anniversary Conference, Cleveland, Ohio.

Whitlatch, C.J., Tucke, S.S., & Feinberg, L.F. (2002, April). *Cultural differences in family caregiving*. Presented at the Joint Conference of The National Council on Aging and the American Society on Aging, Denver, CO.

Clark, P.A., & Whitlatch, C.J. (2001, November). *Using qualitative information to develop a comprehensive picture of caregiver strain*. Presented at the Annual Meeting of the Gerontological Society of America, Chicago, IL.

Tucke, S.S., & Whitlatch, C.J. (2001, November). *What do caregivers find most difficult about providing care for older relatives: A look at qualitative data*. Presented at the Annual Meeting of the Gerontological Society of America, Chicago, IL.

Whitlatch, C.J., Feinberg, L.F., & Tucke, S.S. (2001, November). *The impact of culture on a cognitively impaired adult's ability to answer questions reliably and accurately*. Presented at the Annual Meeting of the Gerontological Society of America, Chicago, IL.

Whitlatch, C.J. (2001, March). *How well do family caregivers understand the values & preferences of cognitively impaired relatives?* Presented at the Annual Meeting of the American Society on Aging, New Orleans, LA.

Whitlatch, C.J., Feinberg, L.F., & Tucke, S. (2000, November). *Do family caregivers understand the preferences of cognitively impaired adults?* Presented at the Annual Meeting of the Gerontological Society of America, Washington, D.C.

Whitlatch, C.J., Feinberg, L.F., & Tucke, S. (2000, August). *Care preferences and congruence in family caregiver dyads.* Presented at the Annual Meeting of the American Psychological Association, Washington, D.C.

Whitlatch, C.J., Feinberg, L.F., & Tucke, S. (2000, August). *Care preferences and congruence in family caregiving.* Presented at the Annual Convention of the American Psychological Association, Washington, DC.

Whitlatch, C.J. & Feinberg, L.F. (2000, March).). Making hard choices: Respecting both voices. In L.F. Feinberg (Organizer of symposium), *Lessons learned from research on consumer-directed care: Implications for policy and practice.* Presented at the Annual Meeting of the American Society on Aging, San Diego, CA.

Feinberg, L.F., & Whitlatch, C. J. (1999, November). Making hard choices: Respecting both voices. In L. Polivka (Organizer), *Do elder consumers want choice and control over their care? Findings from the independent choices research studies.* Symposium conducted at the Annual Meeting of the Gerontological Society of America, San Francisco, CA.

SELECTED PRESENTATIONS (cont'd)

Lyons, K. S., Zarit, S. H., & Whitlatch, C.J. (1999, November). *Caregiving as a dyadic process: Perspectives from caregiver and receiver.* Poster session presented at the Annual Meeting of the Gerontological Society of America, San Francisco, CA.

Whitlatch, C. J. (1999, November). The impact of culture on healthcare decision-making for caregiving families. In E.E. MaloneBeach & C.J. Whitlatch (Organizers), *Culture and caregiving in African American families.* Symposium conducted at the Annual Meeting of the Gerontological Society of America, San Francisco, CA.

Whitlatch, C. J. (1999, November). Cultural Issues in dyad research. In L. F. Feinberg & C. J. Whitlatch (Organizers), *Respecting both voices in dyad research: The challenges of interviewing persons with cognitive impairment and their family caregivers.* Symposium conducted at the meeting of the Gerontological Society of America, San Francisco, CA.

Whitlatch, C.J. (1999, March). *Making research happen in practice settings: Ten strategies for success.* Paper session presented at the Annual Meeting of the American Society on Aging, Orlando, FL.

Whitlatch, C.J., & Feinberg, L.F. (1999, March). *Family and friends as respite providers for family caregivers.* Paper session presented at the Annual Meeting of the American Society on Aging, Orlando, FL.

Whitlatch, C.J., & Feinberg, L.F. (1998, November). *The use of informal networks in the provision of in-home respite for caregivers of cognitively impaired adults.* Paper session presented at the Annual Meeting of the Gerontological Society of America, Philadelphia, PA.

Looman, W.J., Noelker, L.S., Schur, D., Whitlatch, C.J., & Ejaz, F.K. (1998, November). *Family members' perceptions of nurse assistants: More positive than nurse assistants think*. Presented at the Annual Meeting of the Gerontological Society of America, Philadelphia, PA.

Whitlatch, C.J., & Feinberg, L.F. (1998, March). *Respite care for family caregivers: Service options and consumer choice*. Paper presented at the American Society on Aging's annual meeting, San Francisco, CA.

Feinberg, L.F., & Whitlatch, C.J. (1998, March). *Bridging the gap between dementia care and practice and research*. Symposium presented at the American Society on Aging's annual meeting, San Francisco, CA.

Feinberg, L.F., & Whitlatch, C.J. (1997, November). *Family caregivers and consumer choice: Options for respite care*. Paper presented at the Gerontological Society of America's annual meeting, Cincinnati, OH.

Looman, W.J., Noelker, L.S., Schur, D., Whitlatch, C.J., & Ejaz, F.K. (1997, November). *Nursing home residents' family members' impact on nursing assistants: What helps, what hurts*. Paper presented at the Gerontological Society of America's annual meeting, Cincinnati, OH.

Schur, D., Noelker, L.S., Looman, W.J., Ejaz, F.K., & Whitlatch, C.J. (1997, November). *Strategies to improve job and organizational commitment among nursing assistants caring for dementia residents*. Paper presented at the Gerontological Society of America's annual meeting, Cincinnati, OH.

SELECTED PRESENTATIONS (cont'd)

Whitlatch, C.J., Noelker, L.S., Schur, D., Ejaz, F.K., & Looman, W.J. (1996, November). *Depression in family caregivers of institutionalized demented elders*. Paper presented at the Gerontological Society of America's annual meeting, Washington, DC.

Keith, E.J., & Whitlatch, C.J. (1996, November). *Gender differences among family caregivers in emotional well-being and alcohol consumption*. Paper presented at the Gerontological Society of America's annual meeting, Washington, DC.

Noelker, L.S., Schur, D., Looman, W.J., Ejaz, F.K., Whitlatch, C.J. (1996, November). *Factors affecting job satisfaction among nurse assistances caring for dementia residents*. Paper presented at the Gerontological Society of America's annual meeting, Washington, DC.

Looman, W.J., Noelker, L.S., Ejaz, F.K., Whitlatch, C.J., & Schur, D., (1996, November). *Nursing assistants: Family members reports of what they're doing right*. Paper presented at the Gerontological Society of America's annual meeting, Washington, DC.

Whitlatch, C.J., Feinberg, L.F., Harrison-Jay, S., Keith, E.J. (1996, March). *Placement stressors for caregivers of demented family members*. Paper presented at the American Society on Aging's annual meeting, Anaheim, CA.

Whitlatch, C.J., Feinberg, L.F., & Harrison-Jay, S., (1995, November). *Placement issues of family caregivers*. Paper presented at the Gerontological Society of America's annual meeting, Los Angeles, CA.

- Whitlatch, C.J., & Zarit, S.H. (1994, November). *Institutionalization of demented elders: Long-term family caregiver adjustment*. Presented at the Gerontological Society of America's annual meeting, Atlanta, GA.
- Lee, C.L., & Whitlatch, C.J. (1994, November). *The stress-buffering effects of social support for African American family caregivers*. Presented at the Gerontological Society of America's annual meeting, Atlanta, GA.
- Whitlatch, C.J., & Zarit, S.H. (1993, November). *Caregivers' adaptation to placement*. Presented at the Gerontological Society of America's annual meeting, New Orleans, LA.
- Whitlatch, C.J., Friss, L.R., & Harrison-Jay, S. (1993, November). *Predictors of institutionalization of demented family members*. Presented at the Gerontological Society of America's annual meeting, New Orleans, LA.
- Whitlatch, C.J. (1993, October). *Caregiving stress: Comparing the impact of AIDS and dementia*. Presented at the Northern California Gerontology and Geriatrics Research Conference, University of California, Davis, CA.
- Whitlatch, C.J. (1993, October). *Caregiver stressors and service use: A comparison of informal caregivers to persons with Alzheimer's or AIDS*. Presented at the American Public Health Association's annual conference, San Francisco, CA.

SELECTED PRESENTATIONS (cont'd)

- Pearlin, L.I., Wardlaw, L., & Whitlatch, C.J. (1993, October). *Family and non-family caregivers to persons with AIDS: An overview of similarities and differences*. Presented at the American Public Health Association, San Francisco, CA.
- Whitlatch, C.J. (1993, March). *Caregiving stress: A comparison of the impact of AIDS and dementia*. Presented at the annual conference of the Society of Behavioral Medicine, San Francisco, CA.

RESEARCH and TEACHING INTERESTS

Developmental perspectives in family caregiving (caregivers and persons with chronic conditions)

- Theory
- Methodology
- Program development and evaluation
- Physical and mental health outcomes
- Cultural diversity
- Family decision making
- Policy development

Mental and physical health in adulthood

Institutionalization of persons with chronic illnesses