



From the desk of President & CEO Orion Bell

EDUAIMONIA

On a recent morning on my way to work, I listened to an interview on NPR about a recent study on student performance, which expanded on the existing assumption that happy students are generally better students. This study showed correlation between those students with good grades and those with a sense of purpose in their lives.

Read full blog at benrose.org.



RICHARD CORDRAY TO SPEAK AT TRIUMPH: ESOP CELEBRATES YOU!

On Friday, **August 4th** ESOP will honor our clients and their many successes at **Triumph: ESOP Celebrates you!** Clients will receive a "Triumph" award to commemorate their journeys through ESOP's programs and services. **Richard Cordray**, first director of the Consumer Financial Protection Bureau (CFPB), will deliver a keynote address. The award luncheon will also serve to celebrate ESOP's 30th anniversary. After lunch we will host a community fair including activities, resources, and giveaways from our many community partners.

We invite you to join us for Triumph by purchasing a ticket through the link below. Your registration includes a seat for the Triumph luncheon, which starts at 12 p.m., and helps cover the cost of attendance for one of our clients. The community fair will begin when lunch ends at 1:30 p.m. Proceeds from the event support ESOP's services, which we provide at no cost to our clients.

Purchase a ticket [here!](#)



ROSE ON THE GO

The Rose Centers for Aging Well hosted another successful Rose on the Go pop-up event last Thursday, July, 20. Participants gathered at Art House for a free, hands-on workshop sponsored by [Medical Mutual](#). During the event, everyone had the opportunity to learn more about flower arranging, and connect with their community, while they worked to design a bouquet for themselves or others. All materials were graciously provided by [BigHearted Blooms](#). Check out the pictures below to see some of our participants beautiful and creative designs!



KEY BANK FINANCES CONSTRUCTION AT MARGARET WAGNER APARTMENTS

KeyBank Community Development Lending and Investment (CDLI) provided **\$9.9 million** in low-income housing tax credit (LIHTC) equity to finance the conversion of the Margaret Wagner Senior Apartments in Cleveland Heights, OH to 80 low-income housing senior units (62+). This development will create 20 new apartments through the adaptive re-use of the first floor of Margaret Wagner House and preserve 60 apartments on the upper floors.

[Learn more!](#)



Make a Gift

We need your help to protect and care for the most vulnerable people in our community— older adults, adults with disabilities and caregivers. [Make a gift today.](#)

HOME DELIVERED MEALS IS LOOKING FOR VOLUNTEERS

As our home-delivered meals program continues to grow, volunteers are needed to deliver meals to homebound older adults. Meals are delivered throughout the Greater Cleveland area, and volunteers can help out by using their own cars or riding along in one of our meal delivery trucks. Various shifts are available Monday through Friday, 9 a.m. - 3 p.m. In just 20 minutes volunteers can also aid in meal packaging. Additionally, remote volunteering is available to help make Wellness Calls to participants. If you are interested in learning more about these volunteer opportunities, please contact Rebekkah Whelan at rwhelan@benrose.org or 216-373-1932.



UPCOMING PROGRAMS

Financial Education Workshops

- [ESOP's five day workshops](#) are offered every other week. August 7 - 11, 10 - 11:30 a.m.

Virtual Second Wednesday with Benjamin Rose

- [Learn more about Benjamin Rose and our programs](#) from President & CEO Orion Bell. August 9, 9 - 10 a.m.

Financial Education Workshops

- [ESOP's five day workshops](#) are offered every other week. August 21 - 25, 2 - 3:30 p.m.

The More You Know: Hoarding

- [Q & A Session with professionals](#) who will explain hoarding disorder and provide useful information. August 28, 5 - 6 p.m.

Aging in Place: Naturally Occurring Retirement Communities

- [Virtual discussion about naturally occurring retirement communities](#) and how they can empower us to age in place. August 31, 1 - 2:00 p.m..

RESOURCES FOR CAREGIVING

Visit our [Resource Library](#) to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as [engaging activities for people with dementia](#), [enhancing spiritual care for loved ones](#) and [understanding the role of a geriatric care manager](#).



STAFF NOTES

Lauri Scharf, LSW, MSHS, Care Consultant/Master Trainer, presented *Navigating the Challenges of Dementia* at the Centering Space.