

From the desk of President & CEO Orion Bell

Driving Home

According to AAA, nearly 80 million Americans travel over the Thanksgiving holiday. It is the busiest travel week of the year – more than Christmas or the Fourth of July. The vast majority of us travel by car. The good news is that gas prices are lower. The bad news is that there are more people on the road. That drive to Grandma's might take twice as long as it does on a normal weekend. Lots of us will repeat that trip again in December.

Travel, that trip home to spend time with family, is part of my holiday memories. Reconnecting with family, camping out in the basement with cousins, maybe spending a night in your old room. Favorite foods. A marathon game of Monopoly. As time passes, I have experienced those trips as a child, a parent and now as a grandparent. I've been host and guest. "Home" is more about the people than the place. But it is where I want to be for the holiday. [Read the full blog.](#)



Margaret Wagner Apartments Grand Opening Celebration

You're invited to the Margaret Wagner Apartments Grand Opening Celebration on **Wednesday, January 22, 2025 from 4:30 - 6 p.m.** Be among the first to visit our newly renovated Margaret Wagner Apartments. This grand opening party will have tours, refreshments, and, of course, a ceremonial ribbon cutting. [RSVP now!](#)

**MARGARET
WAGNER
APARTMENTS**

BY BENJAMIN ROSE



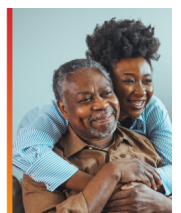
Annual Caregiving Conference

Benjamin Rose invites you to attend our **Annual Caregiving Conference: Components of Quality Dementia Care on Friday, December 13 from 9 a.m. to 4 p.m.** This year's full-day conference will focus on the local and national initiatives related to quality dementia care. Keynote speaker, Dr. Gary Epstein-Lubow, will provide a history of efforts to improve access to comprehensive dementia care and introduce the newly launched CMS Guiding and Improved Dementia Experience (GUIDE) Model, that focuses on comprehensive, coordinated dementia care with the goal of improving the quality of life for individuals living with dementia and to support their family and friend caregivers. The conference will bring together experts and practitioners to explore critical topics in dementia care, highlighting innovative programs and collaborative strategies that enhance support for caregivers and individuals living with dementia. Participants will engage in discussions about effective resources, public awareness initiatives, and the latest developments in caregiving policies, fostering a comprehensive understanding of the challenges and solutions in the field. Attendees will also hear the perspectives of family and friend caregivers. [Register now!](#)

It's Almost Giving Tuesday

This Giving Tuesday, be part of a movement that empowers and uplifts aging adults, particularly in underserved communities right here in Northeast Ohio.

At Benjamin Rose, your contribution not only provides immediate support with efforts such as meal delivery and rental assistance— it also fuels groundbreaking research and innovative solutions that enhance financial, mental, physical and emotional wellness among older adults. [Donate now!](#)



Election 2024—After the Dust Settles

Join Benjamin Rose Institute on Aging and the Elder Justice Coalition on December 10 from 1 – 2 p.m. for “Election 2024 – After the Dust Settles.” With the historic and closely contested 2024 election behind us, one thing is clear: the new administration taking office on January 20 will bring with it new priorities in aging policy. Based on the campaign platform, Bob Blancato, President of Matz, Blancato & Associates and National Coordinator of the Elder Justice Coalition, will provide an in-depth analysis of which aging policy issues are likely to take center stage in the coming years, given the new Congress. He will also explore what to expect from the aging policy agenda and whether the election results make a 2025 White House Conference on Aging more—or less—likely.



As we look ahead to 2025, key aging programs will celebrate significant anniversaries: Social Security turns 90, Medicare, Medicaid, and the Older Americans Act mark 60 years, and the Elder Justice Act turns 15. Will these milestones lead to meaningful action or reform for these critical programs? [Register now!](#)

Benjamin Rose at GSA

Staff from Benjamin Rose presented at the Gerontological Society of America Conference in Seattle this month. A list of their posters and presentations is below.

Benjamin Rose Presenters	Presentation Title
David Bass, PhD, Zoe Fete, Megan Huth, Rachel Cannon, Morgan Minyo, PhD, & Sara Powers, PhD	Best Programs for Caregiving: New Public Version for Family and Friend Caregivers
Rachel Cannon, David Bass, PhD, Morgan Minyo, PhD, Sara Powers, PhD, Zoe Fete, & Megan Huth	How Caregivers Use BPC for Caregiving to Find Interventions in their Communities
Megan Huth, Sara Powers, PhD, Zoe Fete, Rachel Cannon, Morgan Minyo, PhD, & David Bass, PhD	Program Adaptations for Diverse Communities in BPC
Morgan Minyo, PhD, Rachel Cannon, Zoe Fete, Megan Huth, & Sara Powers, PhD	Using Best Programs for Caregiving to Meet the Diverse Needs of GUIDE Model Sites and Beneficiaries
David Bass, PhD, Zoe Fete, Megan Huth, Rachel Cannon, Morgan Minyo, PhD, & Sara Powers, PhD	Number and Reach of Interventions in BPC
Morgan Minyo, PhD, David Bass, PhD, & Kate McCarthy	Developing and Testing a Protocol for Telephone Reassurance Calls: A Randomized Pilot Study
Farida Ejaz, PhD & Courtney Reynolds	Lessons Learned from a Five-Year Study on Preventing Self-Neglect Among At-Risk Healthcare Patients in Texas
Samantha Tuft, PhD, Farida Ejaz, PhD, & Courtney Reynolds	Meeting Needs: Linking Clients with a Self-Neglect Allegation to Home- and Community-Based Services
Farida Ejaz, PhD	Comparative Effectiveness Research for Promoting Older Adult Health: A Snapshot of PCORI-Funded Projects
Jessica Bibbo, PhD, Sarah Nicolay, & Samantha Tuft, PhD	Assistance, Planning, and Unmet Needs: Factors Shaping Older Adults' Pet Care Behaviors in the United States
Lacey DiFranco, Silvia Orsulic-Jeras, & Sara Powers, PhD	Developing an Online Training Course for Older-Adult Volunteers to Lead Dementia Activity Programming
Samantha Tuft, PhD, Farida Ejaz, PhD, Courtney Reynolds, & Jessica Bibbo, PhD	Providing Alleged Victims and Perpetrators with Case Management to Prevent Future Caretaker Neglect
Jessica Bibbo, PhD & Sarah Nicolay	Dementia Friends in Incarcerated Settings: Results of a Staff E-Learning Session
Lacey DiFranco, Silvia Orsulic-Jeras, & Sara Powers, PhD	Challenges and Insights: Evaluating Life Story Work's Role in Dementia Care Post-Pandemic

You Can Share the Love This Holiday Season!

The Share the Love Event is back to help deliver meals and support America's seniors! As part of a national partnership with Meals on Wheels America, Subaru will donate \$300 to a charity, like Meals on Wheels, for every new vehicle leased or sold from November 21, 2024 to January 2, 2025.



Through this event, as a member of Meals on Wheels America, Benjamin Rose will receive a share of the donation from Subaru vehicles sold at participating Subaru Retailers.

Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated more than 4.6 million meals and helped provide friendly visits to seniors being served by local Meals on Wheels programs across the country. [Learn more.](#)

Join Orion Bell to Learn More About Benjamin Rose

Interested in learning more about the programs and services of Benjamin Rose? Join us on Wednesday, December 11 at 9 a.m. for Second Wednesdays with Benjamin Rose. Benjamin Rose President & CEO, Orion Bell will provide an overview of the many programs we offer and discuss how you can get involved in our work. [Register now!](#)



Financial Education Workshops for Older Adults

Our FREE financial workshop series for older adults is back! Join us virtually every day from 2 - 3:30 p.m. from **December 16 - 20** to take charge of your finances before they take charge of you. Topics include:



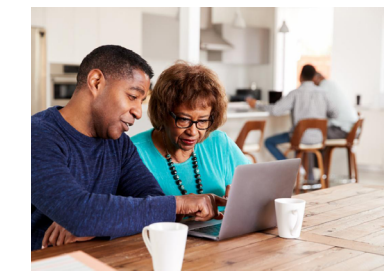
- Recognizing & avoiding elder financial abuse, scams & fraud
- Preparing for the future
- Budgeting, goal setting & saving
- Taking control of credit & debit
- Benefitting from benefits

[Register now!](#)

Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as [hygiene tips](#) and [managing life after a diabetes diagnosis](#). [Find resources.](#)



Staff Notes

Julie Hayes, content manager, authored an article for Next Avenue titled [GUIDE Model Offers Hope, Support for Dementia Caregivers](#).

Morgan Minyo, PhD, research scientist, **David Bass, PhD**, senior vice president of research and education and **Orion Bell**, president and CEO, presented *A New Model of Telephone Reassurance to Better Support the Unmet Needs of Vulnerable Older Adults* at the Ohio Association of Area Agencies on Aging Conference in Columbus.

Lauri Scharf, lead care consultant and master trainer, recently delivered two presentations at the Ohio Association of Area Agencies on Aging Conference in Columbus: *Decision Making and Older Adults* and *Aging and End of Life Discussion*.